TRISTAN DEAVES TRAINING 11/16/24 01/04/25 01/14/25 03/08/25 10/05/24 04/15/25 05/10/25 THE 6:00 PM 6:00 PM GHRC 11:00 AM 11:00 AM 11:00 AM ELSIE STUHR 1:30 PM 1:30 PM

Tristan Deaves | TDT

Promoting healthy living through intentional movement and connection

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